



# Opportunities for Oconto County Families

<b>Program</b>	<b>Population Served</b>	<b>Services Provided</b>	<b>Contact Person</b>	<b>Phone Number</b>
<b><i>Birth to 3</i></b>	Newborn infants and children under the age of 3 with a diagnosed condition, developmental delay or unusual development	<ul style="list-style-type: none"> <li>• Free developmental screens</li> <li>• Information on child development</li> <li>• Provide in-home therapy and special instructions as identified by the birth to 3 team and family</li> </ul>	Michele Olson	(920) 834-7000
<b><i>Breastfeeding Support/Education</i></b>	Breastfeeding women or women planning to breastfeed	<ul style="list-style-type: none"> <li>• One-on-one breastfeeding education and support</li> <li>• In-home, over the phone or at WIC appointments</li> </ul>	Hope Kersten	(920) 834-7072
<b><i>Child Passenger Safety</i></b>	Infants and children under the age of 14 and their families	<ul style="list-style-type: none"> <li>• Car seat installations &amp; education</li> <li>• Car seats available for purchase at cost or reduced rates based on income</li> </ul> 	Sara Applebee Judy Drews Lynn Stymiest	(920)834-7000
<b><i>Families First</i></b>	Families with a child under age 21 with a severe disability living at home	<ul style="list-style-type: none"> <li>• Information and help in finding other services and community programs</li> <li>• Limited funding to buy needed services</li> </ul>	Jacki Walske	(920) 834-7011
<b><i>Healthy Babies</i></b>	Teen & first time parents	<ul style="list-style-type: none"> <li>• In-home support program for new families</li> <li>• Provides education on growth &amp; development, infant safety, general baby care, &amp; parenting</li> <li>• Breastfeeding support and education</li> <li>• Stork closet</li> </ul>	Julie Raasch	(920) 834-7075
<b><i>Immunizations</i></b>	All families in Oconto County	<ul style="list-style-type: none"> <li>• Monthly immunization clinic in Oconto, Oconto Falls and Mountain</li> </ul>	Judy Drews	(920) 834-7000
<b><i>Infant Massage</i></b>	Caregivers and children under the age of 24 months	<ul style="list-style-type: none"> <li>• Infant massage helps early brain development, early bonding, attachment between you and your child, relieves colic systems &amp; other signs of infant stress</li> </ul>	Julie Raasch	(920) 834-7075

<b>Parenting Newsletters</b>	Pregnant Women and Parents of children 0-5 years	<ul style="list-style-type: none"> <li>Free newsletters: Preparing to Parent, Parenting the First Year, Parenting the 2<sup>nd</sup> &amp; 3<sup>rd</sup> Year and Parenting the Pre-schooler</li> </ul>	Becky Dolata	(920) 834-6852
<b>Parent Resource Center</b>	All families in Oconto County	<ul style="list-style-type: none"> <li>Help connects families and local schools</li> <li>Parenting classes</li> <li>Weekly drop-in playgroups</li> <li>Resource Library</li> <li>Speakers</li> </ul>	Barb Truttman	(920) 834-7006
<b>UW-Extension</b>	All of Oconto County 	<ul style="list-style-type: none"> <li>Provides programs that teach family members to become more effective parents, make healthy choices about diet and exercise and help manage finances</li> <li>4-H and Youth Programs</li> </ul>	John Pinkart	(920) 834-6845
<b>WIC</b>	Pregnant & Breastfeeding Women, Infants and Children Under 5 years old	<ul style="list-style-type: none"> <li>Health and nutrition Education</li> <li>Checks to buy nutritious foods</li> <li>Health screening</li> <li>Referrals to other programs</li> <li>Help with getting immunizations</li> <li>Breastfeeding support and education</li> </ul>	Hope Kersten	(920) 834-7072
<b>WI Nutrition Education Program (WNEP)</b>	Low income Families Youth Elderly	<ul style="list-style-type: none"> <li>Home visitation in areas of budgeting, home management, nutrition and parenting</li> <li>-----</li> <li>Provide nutrition education programs</li> <li>Assist people in making healthy choices in diet and exercise</li> </ul>	Lori Schuettpelz	(920) 834-7071
			John Pinkart	(920) 834-6898
			Dawn Schroepfer	(920) 834-6822
<b>Northeast Wisconsin Community Action Program (NEWCAP)</b>	Direct services or information and referral to all low-income residents.	<ul style="list-style-type: none"> <li>Programs include emergency food and shelter services, employment and training programs, women's health services, housing assistance, seasonal programs, and more.</li> </ul>	Debbie Fick	(920) 834-4621

