

Creating Aging Friendly Communities: How Prepared Is Your Community for the Coming “Age Wave”



WAHCE POOL Training

**Member Materials
Fall 2010**

Objectives:

- Participants will become aware of aging population in Wisconsin
- Participants will explore community-level impacts of this demographic trend
- Participants will learn about a tool to assess their community's readiness for this coming "age wave."

For most of human history, until about a century ago, persons aged 65 and over have constituted no more than 2-3 percent of the total world population. As a result of increased life expectancy and decreased birth rates, the elderly in many "developed" countries (e.g. U.S., Canada, Germany, Japan, Sweden, Italy, Denmark, etc.) currently comprise 15 percent of the population. By the year 2030, this figure will increase to approximately 25 percent...on in every four people.

This trend applies not only to populations globally, but also to populations in the United States, in Wisconsin, and in most Wisconsin counties and communities. Importantly, this trend will accelerate once those born between 1946 and 1964 (The "Baby Boomers;" now known as "Aging Boomers") begin crossing the age-65 threshold; a phenomenon often referred to as the "age wave" or the "silver tsunami." Beginning in January 2011, it is estimated that 10,000 Americans will turn 65 every day; a trend that will continue for 20 years.

For most people, it is not surprising to learn that almost 18 percent of persons currently residing in Florida are age 65 and older. What is not commonly known is that by 2030, the elderly population in many states in the U.S. will match or exceed this figure, including Wisconsin. In fact, the majority of Wisconsin counties and communities will have an elderly population that exceeds 20 percent; and in some instances will be more than 40%

With these trends in mind, a key question posed to those who will participate in this session is: How prepared is your community for the coming age wave? A primary focus on this session will be to explore the community impacts of population aging, and discuss how an "Aging Readiness Questionnaire" might be used to answer the question posed in the workshop title.

This presentation was developed by members of the UW-Extension Family Living Program Aging in Our Communities Team:

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CREATING AGING-FRIENDLY COMMUNITIES IN WISCONSIN



WISCONSIN COUNTY PROJECTIONS THROUGH 2035 POPULATION AGE 65 AND OLDER

Data from the Wisconsin Dept. of Human Services:
<http://dhs.wisconsin.gov/aging/demographics/index.htm>

County	65+	65+	65+	65+	65+	65+	65+	% 65+	%65+
	2005	2010	2015	2020	2025	2030	2035	2005	2035
ADAMS	4,259	4,590	5,336	6,477	7,874	9,172	9,624	20.0%	37.6%
ASHLAND	2,542	2,625	2,862	3,331	3,840	4,193	4,276	15.0%	24.6%
BARRON	7,704	8,479	9,863	11,652	13,790	15,533	16,244	16.4%	29.8%
BAYFIELD	2,642	2,973	3,583	4,444	5,282	5,721	5,808	16.8%	32.3%
BROWN	25,882	28,757	34,113	41,282	49,607	57,645	62,987	10.7%	19.9%
BUFFALO	2,392	2,514	2,805	3,218	3,739	4,083	4,226	17.0%	27.9%
BURNETT	3,498	3,853	4,552	5,587	6,488	7,025	7,129	21.1%	37.7%
CALUMET	4,750	5,328	6,359	7,909	9,995	11,934	13,322	10.5%	18.7%
CHIPPEWA	8,597	9,423	10,977	13,185	15,625	17,932	19,004	14.2%	24.7%
CLARK	5,099	5,039	5,224	5,790	6,571	7,191	7,413	14.8%	17.7%
COLUMBIA	7,679	8,126	9,330	10,857	12,801	14,646	15,699	14.0%	23.1%
CRAWFORD	2,778	2,950	3,339	3,926	4,459	4,815	4,942	15.9%	27.3%
DANE	43,146	50,229	63,455	80,641	97,419	112,642	123,320	9.4%	18.9%
DODGE	12,071	12,561	13,764	15,879	18,748	21,210	22,494	13.6%	21.8%
DOOR	5,933	6,959	8,624	10,630	12,547	13,825	13,994	20.2%	44.4%
DOUGLAS	6,237	6,532	7,461	8,748	9,994	10,962	11,181	14.2%	23.7%
DUNN	4,658	5,279	6,560	8,155	9,859	11,447	12,663	11.0%	22.6%
EAU CLAIRE	11,797	12,994	15,643	18,748	21,837	24,745	26,682	12.1%	21.8%
FLORENCE	1,021	1,143	1,353	1,571	1,856	2,082	2,184	19.5%	41.7%
FOND DU LAC	14,115	15,104	17,058	19,822	22,941	25,618	27,198	14.1%	23.4%
FOREST	2,075	2,233	2,552	2,912	3,295	3,622	3,766	20.3%	37.2%
GRANT	7,830	8,321	9,387	10,968	12,777	14,190	14,710	15.5%	27.6%
GREEN	5,080	5,466	6,310	7,507	8,930	10,197	10,800	14.2%	23.4%
GREEN LAKE	3,464	3,583	3,934	4,521	5,228	5,723	5,821	17.9%	29.2%
IOWA	3,051	3,171	3,759	4,490	5,381	6,253	6,697	12.8%	23.1%
IRON	1,617	1,669	1,835	2,097	2,424	2,663	2,701	23.3%	39.1%
JACKSON	2,798	2,924	3,266	3,731	4,344	4,785	5,022	14.1%	21.0%
JEFFERSON	9,790	10,573	12,123	14,188	16,498	18,767	20,076	12.3%	20.0%
JUNEAU	4,259	4,524	5,112	5,925	7,000	7,976	8,323	15.9%	27.0%
KENOSHA	17,136	18,031	20,127	23,400	28,016	32,782	35,438	10.8%	16.6%
KEWAUNEE	3,116	3,309	3,752	4,392	5,136	5,854	6,233	14.8%	24.3%
LA CROSSE	13,908	15,072	17,698	21,303	25,078	27,984	29,786	12.6%	23.4%
LAFAYETTE	2,592	2,586	2,734	3,135	3,692	4,090	4,135	15.9%	24.8%
LANGLADE	4,116	4,326	4,883	5,595	6,462	7,259	7,560	19.2%	32.1%
LINCOLN	5,083	5,416	5,893	6,672	7,834	8,753	9,176	16.7%	27.4%
MANITOWOC	13,006	13,607	14,979	17,149	19,772	22,039	23,089	15.4%	25.0%

	65+	65+	65+	65+	65+	65+	65+	% 65+	%65+
County	2005	2010	2015	2020	2025	2030	2035	2005	2035
MARATHON	17,189	18,804	21,607	25,550	29,854	33,919	36,250	13.1%	22.4%
MARINETTE	8,050	8,798	9,982	11,680	13,628	15,141	15,383	18.1%	32.7%
MARQUETTE	2,930	2,976	3,285	3,899	4,620	5,200	5,389	19.3%	30.9%
MENOMINEE	456	502	580	662	792	876	867	9.9%	23.8%
MILWAUKEE	115,775	113,613	122,994	138,379	155,592	166,982	170,426	12.3%	19.7%
MONROE	5,758	6,162	7,134	8,330	9,726	11,017	11,564	13.3%	21.1%
OCONTO	5,771	6,303	7,352	8,876	10,794	12,711	13,799	15.0%	27.0%
ONEIDA	7,445	8,087	9,071	10,576	12,222	13,521	13,975	19.5%	32.8%
OUTAGAMIE	18,412	20,251	23,315	27,730	33,220	38,860	42,367	10.8%	18.5%
OZAUKEE	11,332	13,023	15,364	18,206	21,349	23,771	24,524	13.2%	23.7%
PEPIN	1,261	1,297	1,484	1,700	2,004	2,191	2,319	16.6%	25.5%
PIERCE	3,893	4,466	5,666	7,182	8,988	10,633	11,476	9.9%	21.2%
POLK	6,860	7,749	9,335	11,464	13,746	15,768	16,758	15.3%	27.6%
PORTAGE	7,893	8,874	10,736	13,369	16,027	18,453	19,753	11.4%	24.3%
PRICE	3,030	3,150	3,569	4,221	4,919	5,444	5,627	18.9%	35.3%
RACINE	24,016	25,761	29,126	33,315	38,572	43,086	45,254	12.4%	21.0%
RICHLAND	3,056	3,136	3,365	3,923	4,428	4,764	4,803	16.9%	25.6%
ROCK	20,139	21,515	24,153	27,465	31,545	35,106	37,220	12.8%	20.3%
RUSK	2,856	3,009	3,373	3,922	4,432	4,856	4,987	18.4%	32.5%
SAINT CROIX	7,458	9,365	12,174	15,633	19,963	24,067	26,988	9.8%	18.2%
SAUK	8,377	9,160	10,736	12,950	15,552	17,883	19,388	14.1%	24.1%
SAWYER	3,113	3,435	4,129	5,001	5,947	6,631	6,804	18.1%	33.1%
SHAWANO	6,825	7,210	7,957	8,967	10,344	11,777	12,455	16.2%	25.6%
SHEBOYGAN	15,624	16,310	18,172	21,097	24,645	27,634	29,056	13.5%	21.3%
TAYLOR	3,088	3,178	3,486	4,025	4,777	5,391	5,585	15.5%	27.6%
TREMPEALEAU	4,422	4,649	5,110	5,914	6,761	7,657	8,144	15.8%	24.9%
VERNON	4,738	4,949	5,512	6,349	7,380	8,040	8,230	16.2%	23.1%
VILAS	5,224	5,654	6,513	7,539	8,686	9,575	9,900	23.5%	38.2%
WALWORTH	12,793	14,328	17,006	20,732	25,144	29,532	32,468	12.9%	24.4%
WASHBURN	3,193	3,608	4,238	5,150	5,964	6,640	6,777	18.7%	32.9%
WASHINGTON	14,940	17,536	21,153	25,439	30,562	36,259	39,894	11.8%	23.6%
WAUKESHA	48,560	56,131	65,724	76,290	88,105	98,014	102,601	12.8%	22.6%
WAUPACA	8,928	9,710	10,886	12,584	14,609	16,535	17,478	16.7%	29.6%
WAUSHARA	4,585	4,777	5,504	6,427	7,470	8,344	8,522	18.4%	30.6%
WINNEBAGO	20,222	21,619	24,599	28,837	34,011	38,851	41,381	12.4%	20.4%
WOOD	12,359	13,439	15,168	17,399	20,094	22,423	23,426	16.1%	29.6%
Wisconsin Total	726,280	782,810	900,170	1,060,620	1,243,600	1,402,900	1,485,570	13.0%	22.3%

Source: WI DOA Final Population Projections for Wisconsin Counties by Age: 2000-2030
Prepared by Cindy Ofstead, DHFS BADR, 12/2006



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CREATING AGING-FRIENDLY COMMUNITIES IN WISCONSIN



Impact(s) of Aging Populations A SMALL GROUP ACTIVITY

It is no secret that the population in the United States - and in many American communities - is aging. Both in terms of sheer numbers as well as in proportions, persons age 65+ are increasing, and will increase at an even faster rate in 2011 when the first wave of the Baby Boomers reach three score and five. In fact, beginning in January 2011, more than 10,000 Americans will turn 65 every day...a trend that will continue for 20 years.

Globally, nationally, and also at the state and county/community level, the aging of populations will have significant impacts. Indeed, we are already seeing this in the media with regard to issues related to retirement/pensions. Listed below are 12 areas that will be impacted by aging populations. Form small groups of no more than 3-5 persons.

To complete this activity, please do the following: (a) select a community in your county (b) select one of the twelve areas listed below (c) identify how this area will be impacted in the community chosen by an aging population (d) list action steps that could be taken to make the community chosen more aging-friendly.

Circle the area you select. Record impacts and action steps on the reverse side of this sheet.

- (1) Families/Family Caregiving
- (2) Housing
- (3) Transportation
- (4) Health Services
- (5) Land Use Planning
- (6) Public Safety
- (7) Parks and Recreation
- (8) Workforce Development and Education
- (9) Volunteerism and Civic Engagement
- (10) Arts and Cultural Activities
- (11) Economic Development
- (12) Nutrition-Wellness

Community Chosen: _____

Area Selected: _____

Impacts:

- 1.
- 2.
- 3.
- 4.

Community-level actions that would create a more aging-friendly environment:

- 1.
- 2.
- 3.
- 4.

CREATING AGING-FRIENDLY COMMUNITIES IN WISCONSIN



Evaluation Form

Presentation/Workshop Title: Creating Aging-Friendly Communities in Wisconsin (How prepared is your community for the coming “age wave”?)

Date and Place:

This presentation was conducted with the intent of (a) increasing awareness of the impact of population aging, and (b) promoting planning aimed at creating aging-friendly communities in Wisconsin. Your feedback would be greatly appreciated.

Please use the following scale in responding to this evaluation: 3 (Positive, Agree) -----2 (Neutral) -----1 (Negative, Disagree)

As a result of participating in this presentation/workshop...

1.	I have an increased awareness of population aging at the global, national, state, and county level. <i>Comments:</i>	3	2	1
2.	I am able to identify impacts of population aging in two or more areas of community life (e.g. family caregiving, housing, transportation, etc.) <i>Comments:</i>	3	2	1
3.	I learned at least one way to assess the “aging readiness” of my community. <i>Comments:</i>	3	2	1
4.	I can list the qualities or attributes of aging-friendly communities. <i>Comments:</i>	3	2	1
5.	The presenters were prepared, knowledgeable, and helpful. <i>Comments:</i>	3	2	1
6.	The overall presentation helped me gain practical information and/or skills that I can use. <i>Comments:</i>	3	2	1

OVERALL COMMENTS

What did you like best about this workshop/presentation?

What suggestions do you have for improving this workshop/presentation?



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