



What is a Parenting Resource Center?

A place for you to learn to be the best possible parent you can be! We provide you with education, resources and support you need to build a healthy family. Everyone is welcome. We offer parenting classes, play groups, one-on-one consultations, and a lending resource library.

CALENDAR OF EVENTS

Oconto County UW-Extension

For information or to register for these programs contact UW-Extension at 920-834-6845, or look at our Website <http://oconto.uwex.edu> & FB page.

■ Play Groups (9-11 unless listed)

Note: Summer Playgroups may be held at local parks, please call to see where your group will meet!

Note: No Playgroup if school cancelled or delayed due to weather!

Tuesdays:

Little Suamico– 9:15 St. John Lutheran Church,
or
Suring - 1253 County Trunk J
Suring Area Public Library
(playgroup and Storytime)
604 E. Main St.

Wednesdays:

Oconto Falls – Grace Lutheran Church
501 S. Main St.
Gillett-- Gillett Elementary School
208 W. Main St.
1:30-2:45pm dates below:
3/23, 4/6, 4/20 & 5/4/2016

Thursdays:

Oconto - Oconto Elementary School
810 Scherer Ave.

Spring Time

Floride Varnishing for young Children

Public Health Nurse, Lynn Stymiest will be available at Playgroups to provide *Floride Varnishing on young children's teeth*. There is no charge for this service. For more info, call Lynn at (920-834-7000).

Schedule as follows from 9:15-10:00 am .

Thurs. 4/16-Oconto Elementary

Tues. 4/19-Suring Area Public Library

Wed. 4/20-Oconto Falls-Grace Lutheran

Tues 4/26- Little Suamico-St. Johns

■ Parenting Classes

Raising a Thinking Child Series

Oconto Falls Elementary School

Thursdays, March 31-May 12, 2016

6-7:30 pm.

.....Are you the parent of a 4-7 yr. old? If so, you won't want to miss this refreshing program that helps parents and kids develop a better relationship. Parents learn to use the Discipline Ladder, and teach kids "How to think, not what to think," by learning to solve their own problems and think about consequences. Kids also learn to care about and understand their own and other's feelings. Parents attend 7 weekly classes and do interactive, fun activities at home to help guide children through this process.

Free Childcare will be provided...registration due by March 25. \$15.00 registration fee (financial assistance is available)

For more information, contact

barb.truttman@ces.uwex.edu or

<http://oconto.uwex.edu/2016/03/02/raising-a-thinking-child-2/>



Oconto County Health & Human Services
Programs, Contact: 920-834-7000

■ **Car Seat Disposal Event**

Is your child's car seat or booster seat:

- Over 6 years old?
- From a garage sale or thrift store?
- Involved in a car crash?
- Not being used and needs to be disposed of?

If you answered yes to any of these questions, please help get these car seats out of use. They could be unsafe for children to ride in.

The seats will be taken apart and materials recycled where possible.

Drop off your unused car seats at one of these locations:

April 9, 2016

**St John's Lutheran Church
Gillett Health Fair
9-12:00 noon.**

BEFORE April 16, 2016

Drop off at Mountain Ambulance Garage

April 23, 2016

**Oconto Fire Dept.
9-12:00noon.**

■ **Child Passenger Safety**

Appointments available by calling (920)834-7000, and ask for Lynn, Sara or Danielle in Public Health. Car seat checks are done at Gillett Police Dept and/or the Oconto Fire Dept. or come to the following event sponsored by Safe Kids-Oconto County.

■ **Car Seat Event**

**Peterson Ford
300 North Main St.
Oconto Falls, WI**

Saturday, May 21, 2016

9:00am-12:00pm

A Certified Child Passenger Safety Technician will:

- **Check your child's car seat for proper installation**
- **Check car seats for recalls**
- **Answer questions**
- **Help with correct installation of child's car seat**

■ **2016 Immunization Clinics**

- ▶ Immunizations are FREE for infants-18 yrs. based on eligibility.
- ▶ Vaccines are available with appointment made by calling 920-834-7000.
- ▶ Parent or Legal Guardian must accompany children under 18 years of age.
- ▶ Bring along child's immunization record.

Immunizations are available at:

**Mountain Ambulance Building
Oconto Falls WIC Site
Oconto Cty. Cthouse- 3rd Floor Human Services.**

■ **Upcoming Community Events:**

Community Safety/Health Fair

June 4, 2016

St. Clare's Hospital, Oconto Falls.

Parents, are you wondering if your child is ready for self-care....or staying home alone? If so, come to the Community Safety-Health Fair on June 4th to learn more. The Parent Resource Center will feature the "Home Alone" Program for families. This educational program helps ready parents and their youth for self-care. Watch for more information to follow.

Resources for Parents...Check it out!

We have a Resource Library with books, CD's Dvd's, etc. that can be checked out at Oconto Falls and Oconto Playgroup Sites. Stop at Grace Lutheran Church, Oconto Falls during playgroup on Wednesdays, 9:00 – 11:00 a.m., or on Thursdays during playgroup at Oconto Elementary, in the Family Involvement Room. For a complete list of resources available go to:

www.uwex.edu/ces/cty/oconto/flp/prc.html

And click on Parent Resource Center Resources