

Cancer Clear and Simple

[YOUR TOWN], Wis. - We have all been affected in some way by cancer, however, the word 'cancer' doesn't need to leave you feeling scared or confused. The *Cancer Clear and Simple* (CC&S) workshop will give you a basic understanding of what cancer is, the risk factors leading to cancer and other chronic diseases, and prevention strategies. You will learn how to use cancer screenings as a tool for early detection.

[XXXX COUNTY] Association for Home and Community Education will present "Cancer Clear and Simple" [ADDRESS, DATE, TIME HERE].

This workshop will include engaging activities and useful handouts including "Questions to Ask Your Doctor", "Information Sheets" and "Healthy Tips and Ideas". You will learn about the CC&S website, www.ruralcancernetwork.org, where anyone can access these educational handouts. *Cancer Clear and Simple* is an educational program that is part of a partnership between UW Carbone Cancer Center's Cancer Health Disparities Initiative (CHDI) and UW-Extension.

The [XXXX COUNTY] Association for Home and Community Education is affiliated with the Wisconsin Association for Home and Community Education, a non profit educational organization with members in 52 Wisconsin counties. To learn more about [XXXX COUNTY] Association for Home and Community Education or the "Cancer Clear and Simple" program, contact: [YOUR NAME AND CONTACT INFORMATION].

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