



Embracing Change: Who Moved My Cheese?
Take It Back Tool
POOL September 18, 2007

Materials/Resources Needed: Who Moved My Cheese, Spencer Johnson M.D.; and/or “Who Moved My Cheese” Spencer Johnson, M.D. DVD/Video. DVD is reserved through WAHCE State VP of Program. Video is reserved through UW-Extension Coop Media Collection. Return Shipping Charges responsibility of borrowing county. May also check with local library system for availability of video/DVD and additional books.

Change Happens: Embracing Change

As a group or partners, what are examples of changes experienced by you in the past week, month, year?

Change Model explained.

See
Do
Get

View Video/DVD “Who Moved My Cheese” by Spencer Johnson M.D. or review the book Who Moved My Cheese, Spencer Johnson M.D.

Application to WAHCE Discussion

Conclusion

References/Sources used and/or adapted from:

Covey, Stephen R. First Things First, Page 30, Simon and Schuster, 1994.

Johnson, Spencer M.D. Who Moved My Cheese, Penguin Putnam, New York, 1998.

Johnson, Spencer M.D. “Who Moved My Cheese, video

Merriam-Webster Dictionary, <http://www.merriam-webster.com/>

Who Moved My Cheese, Leading with Personal and Professional Priorities -- An A-mazing Way to Deal with Change at Work and in Life, Coop Extension Media Collection, UWEX

mdt/POOL2007