



Arm Knitting Challenge

The 30 minute cowl

Knitting Challenge Instructions:

- ✓ Think about yarn colors and textures when putting together supplies for this challenge. The type and texture of yarn used will determine the final look of the project

Project Contact:

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Challenge Supplies:

Listed on the back of
the card



aran

chunky

bulky

worsted

heavy worsted

bulky

Challenge Supplies:

Yarn – 3 - 4 skeins of yarn (you can pick all of the same yarn (color and brand) or you can use different colors and textures of yarn. You will want at least worsted weight) to determine weight of yarn, look at the back of the label on the yarn, you will want something that is a 4 or higher - see chart below) Novelty yarns like eyelash, boucle, ribbon, pom pom, etc. can add interesting texture. If you have any questions about materials please contact the project leader.