



# Hiking Challenge

*Let's GO take a HIKE!*

This challenge will prepare you for a Natural Resources & Environmental Education Project on hiking.

## **Challenge Instructions:**

Step 1. Choose to create: a poster (14x22 stiff cardboard) or a scrapbook page (8 1/2 X11 or 12 x 12)

Step 2. Select 10 or more items necessary for your hike.

- footwear (closed toe shoes or boots that offer support) & thick socks
- weather protection (sun, wind, rain) layers of clothing (temperature)
- maps, compass, GPS, and phones to plan your route (consider if electronic devices will function in your chosen location. Also consider how long your hike should take (distance, terrain, & pace)
- emergency contact information (dog tags, note card with names & phone #)
- first aid supplies, food (light weight/high protein snacks) & water



# Hiking Challenge

*Let's GO take a HIKE!*

This challenge will prepare you for a Natural Resources & Environmental Education Project on hiking.

## **Challenge Instructions:**

Step 1. Choose to create: a poster (14x22 stiff cardboard) or a scrapbook page (8 1/2 X11 or 12 x 12)

Step 2. Select 10 or more items necessary for your hike.

- footwear (closed toe shoes or boots that offer support) & thick socks
- weather protection (sun, wind, rain) layers of clothing (temperature)
- maps, compass, GPS, and phones to plan your route (consider if electronic devices will function in your chosen location. Also consider how long your hike should take (distance, terrain, & pace)
- emergency contact information (dog tags, note card with names & phone #)
- first aid supplies, food (light weight/high protein snacks) & water

### **Getting started**

Some websites you may want to check-out as you gather information for your display (photos, sketches, and written explanations) are [sierratrading.com](http://sierratrading.com), [campmor.com](http://campmor.com), REI, rutabaga, Cabela's, Fleet Farm.

### **Challenge Contact Information:**

Pam Jackson

[pamjacks@ocontofalls.k12.wi.us](mailto:pamjacks@ocontofalls.k12.wi.us)

(920) 846-2015

### **Preparing your project for the fair!**

- 1) Enroll in 4-H online at [www.4honline.com](http://www.4honline.com) and add Exploring Your Environment under the projects tab before April 30th.
- 2) For fair sign up choose:
  - Dept 16 (Natural Resources & Environmental Education)
  - Class G
  - Lot 2

You can choose to create a poster or scrapbook page displaying (photos or sketches) of all the gear you will need for a successful hiking experience. You can find the requirements on the Oconto County Fair webpage:

<http://www.ocontocountyfair.org/fairrulesandforms>

### **Getting started**

Some websites you may want to check-out as you gather information for your display (photos, sketches, and written explanations) are [sierratrading.com](http://sierratrading.com), [campmor.com](http://campmor.com), REI, rutabaga, Cabela's, Fleet Farm.

### **Challenge Contact Information:**

Pam Jackson

[pamjacks@ocontofalls.k12.wi.us](mailto:pamjacks@ocontofalls.k12.wi.us)

(920) 846-2015

### **Preparing your project for the fair!**

- 1) Enroll in 4-H online at [www.4honline.com](http://www.4honline.com) and add Exploring Your Environment under the projects tab before April 30th.
- 2) For fair sign up choose:
  - Dept 16 (Natural Resources & Environmental Education)
  - Class G
  - Lot 2

You can choose to create a poster or scrapbook page displaying (photos or sketches) of all the gear you will need for a successful hiking experience. You can find the requirements on the Oconto County Fair webpage:

<http://www.ocontocountyfair.org/fairrulesandforms>